



# THE *Ram Rock*

RIDGECREST PTA NEWSLETTER | ISSUE 4 | JANUARY 2018

**Happy New Year!!**  
**We hope you had a wonderful winter break!**

## UPDATES



Food, Toys,  
Teen Gifts

## Holiday Baskets

Our Holiday Food and Teen Gifts Drive was a big success. We exceeded our 550 goal and brought in 974 packs of fruit cups for the Food Drive, and 89 gift cards for the Teen gift card Drive. Ms. Ramfar's class won a movie party as the class got the most points for 1st -3rd grade; while Ms. Cox's class gets the same prize by topping other 4th-6th grade with 3555 points. Thank you for your generous support.

### *Way to go Ridgecrest families!*

Also, we appreciate our amazing students and volunteers for sorting, packing and delivering the donations. We couldn't have done it without you!



### Next Volunteer Opportunity

We look forward seeing you there!

A Shoreline PTA Council Family Resource



When: March 28 & April 25 (Wednesdays) 6pm  
Location: 810 NE 190th Street, Shoreline  
More info: <http://www.shorelinepta.org/the-works.html>





## Let 2018 be the year of volunteering

Have you thought about volunteering, and giving back to our community as one of your New Year's resolutions? Volunteering is proven to be good for your heart and mind [\*]. If you have thought about it but are afraid that volunteering is too much of a commitment, here are three ways to help you keep this resolution.

**1.** Don't overcomplicate the situation. The biggest obstacle might not be what you think it is. We tend to imagine the task to be bigger than it really is, blow it out of proportion, and put it off indefinitely instead. In reality, many things that we think about can be tackled quite quickly.

**2.** If the goal seems too big, break it down and start with a smaller goal instead. As for PTA, joining does not mean that you need to come to all the meetings, or be at the school during the day. For instance, you can choose one of the following activities before joining and volunteering. If you are not yet a Ridgecrest PTA member, you can

- a. Come to one of the PTA general meetings.
- b. Find out three events or programs that PTA sponsored.
- c. Talk to three PTA members; give suggestions or feedback about PTA.
- d. Like RC PTA Facebook page

<https://www.facebook.com/Ridgecrest-PTA-241176785924149/> and bookmark <http://ridgecrestpta.org/Home>

If you are already a member and consider volunteering, you can

- a. Ask three non-PTA member friends to join.
- b. Volunteer at one of the PTA events that fits you the most.
- c. Ask a best friend to co-chair an event. (We are looking for Golden Acorn Committees. To find out more, please email Ying Huang at [rcptamember@gmail.com](mailto:rcptamember@gmail.com))

**3.** In addition, estimating how much commitment you would like to have helps you keep the goal feasible. Regardless of 30 minutes or a couple of hours to volunteer, you are helping our children and our school. Your ideas, your time, your talents, or simply your voice are very welcome. There are endless possibilities in ways you can help. Chances are, once you give it a try, you may find volunteering becomes achievable and isn't so daunting anymore. We promise that the time you give to PTA and the school will be so worth it.

[\*]. <https://www.health.harvard.edu/blog/volunteering-may-be-good-for-body-and-mind-201306266428> [By Stephanie Watson, Executive Editor, Harvard Women's Health Watch]

Attention Mr. Steadman, Ms. Boone, Mr. Christian and Mr. Skoog's class!

## **Spoil our Staff - January**

January's lunch theme is Asian food. Please go to the perfect potluck link to sign up to bring something for our wonderful Ridgecrest Staff. This feeds over 65 people and we can't do it without YOU!

**Where: Staff lunchroom**

**When: Tue. Jan 16th**

**Time: 10:30 am to 1:30 pm**

To sign up to bring food please visit the site below and tell us what you are bringing, to insure we have enough food.

<http://www.perfectpotluck.com/meals.php?t=FHXJ2343&welcome=1>

You can also search perfect potluck for staff meals by entering "Johnson" and code "2996" to find this meal or email me what you're bringing.



## **Spaghetti Dinner and Family Dance**

Dress up as your favorite singer or band. KISS, Beyonce, T-swift, Run DMC, the Beatles, Lady Gaga, Prince, Macklemore, Katy Perry, David Bowie, Hendrix.. choices are endless, but you can be sure we'll party like a rock star either way!!

**When: Fri. Jan 12th**

**Time: Spaghetti dinner 5:00pm - 7:00pm  
Family Dance 7:00pm - 8:00pm**

**Price: \$7/person or \$25 for a family of 4.  
Dinner includes salad, spaghetti & meatballs, bread, a beverage**

**• Gluten free noodles and vegetarian options available**



Spaghetti dinner before the dance catered by the 6th graders raising money for Camp Caber in May.

## **Brownbear Car Wash Tickets are on sale**

5th graders are selling Brownbear car wash tickets. Funds raised will go towards Camp Caber 2018/2019 class. Purchase forms are available at main office.

**\$7 each (\$8 value) or \$30 for 5 tickets.**

**• Good for a Beary Clean Car Wash,  
include a soft-cloth exterior wash, spot free rinse, and air dry.**



## Stay Tuned, Ridgcrest Sprit Wear will be available soon!

Information will be coming to you via boomerang really soon!



We hope to see you at...



### Next PTA Meeting

Tuesday Jan 16th  
7:00pm - 8:00pm  
Ridgcrest school Library  
Childcare available

## FROM SHORELINE COMMUNITIES

### Do you love science and art?

It's time to start getting ready for the Shoreline STEM Festival, which will take place on **May 5, 2018 at Shoreline Community College**, with a K-12 student science fair, hands-on STEM fun, and robotics demonstrations! Now is the time to start a project for the science fair with three categories to choose from: Science Investigation, Engineering Design and Invention, and Computer Science Design and Invention. Need help deciding on a project? You'll find guidelines and links to resources on our website. All entries will require submittal of a project proposal. You can turn yours in **starting January 21, 2018 until April 6, 2018**. Registration and entrance to the festival are all completely FREE!

**Young artists** - design our festival t-shirt! The deadline for design submissions is **March 11, 2018**. Design requirements are on our website.

**Parents** - we need volunteers to make the festival happen! Sign up on our website or email us to find out how you can help.

Details for everything can be found at:  
[www.shorelinestem.org](http://www.shorelinestem.org) or email us at  
[shorelinestemfestival@gmail.com](mailto:shorelinestemfestival@gmail.com)

